



# OCCUPATIONAL HEALTH AND SAFETY

## ***OHS EXPLANATION GUIDE 2009 OVERVIEW***

## INTRODUCTION

The purpose of this Guide is to help employers, as well as employees, to understand the Occupational Health and Safety Regulations. It provides information to help clarify the intent of certain sections of the Regulations and answer in plain language commonly asked questions about the Regulations. It is important to remember however that this Guide is only an explanation of the Regulations. It is not a legal document.

In determining your rights and obligations under the Regulations, you must refer to the specific sections in the Regulations. In the event of a difference between this Guide and the Regulations, the Regulations prevail.

The reader should be aware that, unless otherwise stated, any reference to a code, standard or guideline is to the most recent version of that document. This is relevant because these documents are updated periodically.

The Guide contains many illustrations that are intended to help the readers understand the requirements of the OHS Regulations, as well as provide clarification for this Guide. The illustrations are not intended to depict exactly what is required to comply with our OHS Regulations, but rather to identify possibilities that may assist in formulating an appropriate solution to a particular situation that may be identified at a workplace.

The Guide is meant to correspond to the Regulations in its format. The Guide is divided into 27 Parts and each part is then divided into the applicable section that corresponds to the numbering in the Regulations. In the Guide, each section number is preceded by the letter "E" to distinguish the explanation from that section of the Regulations.

There is an index located at the beginning of the explanations for each part of the Guide. This index contains an inventory of the explanations provided within that part. Here you will find the section number, the section title and the month of which that section was added to the Guide.

The OHS Regulations are divided into 27 'Parts' as follows:

Part I	GENERAL
Part II	NOTICE REQUIREMENTS
Part III	GENERAL DUTIES
Part IV	OCCUPATIONAL HEALTH AND SAFETY COMMITTEES, REPRESENTATIVES AND DESIGNATES
Part V	GENERAL HEALTH AND SAFETY REQUIREMENTS
Part VI	OCCUPATIONAL HEALTH REQUIREMENTS
Part VII	PERSONAL PROTECTIVE EQUIPMENT
Part VIII	MACHINERY AND EQUIPMENT
Part IX	DE-ENERGIZATION AND LOCKOUT
Part X	FALL PROTECTION
Part XI	SCAFFOLDS, STAGES AND WORK PLATFORMS
Part XII	POWERED MOBILE EQUIPMENT
Part XIII	TRANSPORTATION OF WORKERS
Part XIV	CRANES, HOISTS AND OTHER LIFTING EQUIPMENT
Part XV	RIGGING
Part XVI	TRAFFIC CONTROL
Part XVII	CONSTRUCTION, EXCAVATION AND DEMOLITION
Part XVIII	EXCAVATION, UNDERGROUND WORK AND ROCK CRUSHING
Part XIX	GENERAL BLASTING
Part XX	FIRE PREVENTATION AND CONTROL
Part XXI	WELDING, BURNING AND CUTTING OPERATIONS
Part XXII	ACCESS AND EGRESS
Part XXIII	DIVING AND OTHER MARINE OPERATIONS
Part XXIV	WOODWORKING AND OTHER WOOD PRODUCTS MANUFACTURING
Part XXV	FORESTRY OPERATIONS
Part XXVI	ELECTRICAL OPERATIONS
Part XXVII	CONFINED SPACE ENTRY

## For more information, Contact the OHS Division

The explanations provided in this Guide are meant to apply to most workplaces and work situations. However, not all situations can be foreseen and therefore are not discussed within this Guide. If clarification is required for a particular Section, please contact the OHS Division of the Department of Government Services:

General Inquiries: Toll Free: 1 (800) 563-5471

<u>Locations</u>	<u>Phone Number</u>
Mount Pearl	(709) 729-2706
Corner Brook	(709) 637-2946
Grand Falls – Windsor	(709) 292-4400
Wabush	(709) 282-3679

Or visit the Website at [www.gs.gov.nl.ca/ohs/](http://www.gs.gov.nl.ca/ohs/) (click on the 'Legislation' link to access the OHS Legislation online)

### Canadian Standards Association (CSA)

5060 Spectrum Way  
Mississauga, Ontario  
L4W 5N6  
CANADA  
Tel: (416) 747-4000  
1-800-463-6727  
Fax: (416) 747-2473  
[www.csa.ca](http://www.csa.ca)

As of 2009, there is also a 'pilot project' permitting the public to view the CSA Standards online. The link to that website is <http://ohsviewaccess.csa.ca>. This link outlines the applicable CSA Standards that are referenced in each provincial jurisdiction.

The Workplace Health and Safety Compensation Commission is also a valuable resource for many Health and Safety issues. Their website is [www.whscc.nf.ca](http://www.whscc.nf.ca)

They can also be contacted at:

St. John's  
146 - 148 Forest Rd.  
P.O. Box 9000  
St. John's, NL  
A1A 3B8  
Tel: (709) 778-1000  
Fax: (709) 738-1714  
Toll Free: 1-800-563-9000  
[general.inquiries@whscc.nf.ca](mailto:general.inquiries@whscc.nf.ca)

Grand Falls-Windsor  
26 High Street  
P.O. Box 850  
Grand Falls-Windsor, NL  
A2A 2P7  
Tel: (709) 489-1600  
Fax: (709) 489-1616  
Toll Free: 1-800-563-3448  
[general.inquiries@whscc.nf.ca](mailto:general.inquiries@whscc.nf.ca)

Corner Brook  
Suite 201B, Millbrook Mall  
2 Herald Avenue  
P.O. Box 474  
Corner Brook, NL  
A2H 6E6  
Tel: (709) 637-2700  
Fax: (709) 639-1018  
Toll Free: 1-800-563-2772  
[general.inquiries@whscc.nf.ca](mailto:general.inquiries@whscc.nf.ca)